

WALKLINES

**Newsletter of the
Waverley Bushwalking Club Inc
APRIL 2025**



NEXT MEETING: Monday April 14 at the Mount Waverley Community Centre
Waverley Bushwalking Club wishes to acknowledge receipt of an in-kind grant from the City of Monash

Waverley Bushwalking Club Inc.



PO Box 685, Glen Waverley, Vic 3150

waverleybwc@waverleybushwalking.org.au

Web: www.waverleybushwalking.org.au



PRESIDENT'S REPORT – APRIL 2025

Our wonderful late summer is coming to an end, and cooler days await. That means that it's time to head into the bush and enjoy the outdoors with less worry about heat, fires and snakes!

But you might have to book early. We still don't have as many walks on our program as we'd like. Our regular leaders are already leading as often as they can. We need more leaders! So bearing in mind that our club runs purely on the efforts of volunteers, if you haven't led before (or recently), please consider leading a walk soon, whether as sole leader or as a joint activity with an experienced leader. Just ask a regular leader if they can co-lead a walk with you!

Our members meetings continue to be well patronised with over 50 regularly in attendance. Last month we invited comments from the audience on an issue that has been frustrating some leaders – the need to collect, carry and return afterwards the club first aid kit and PLB, even for urban walks in the centre of Melbourne. The club committee has taken note of the comments and will be discussing the issue further. One thing leaders can do is to delegate the collection, carrying and return of the kit and PLB to other participants on their walk.

The March meeting also had a fascinating talk and slide show by Russell Lucas from a recent hiking trip on the rugged Kunisake Peninsula in southern Japan. For the upcoming April meeting, our guest speaker will be Rebecca Dutkowski, who in 2022 walked the full length of the famous Appalachian Trail in the United States – some 3500km over 5 months. She'll be talking about her experiences on the trail. I suspect few of us are likely to emulate her, so now you can enjoy the full adventure vicariously! If you're not yet a regular attendee at club meetings, do come along and give it a try. Maybe you are reluctant to come because you "don't know anyone". Well, many of the attendees are people you already know from club walks, and after coming to a few meetings you'll know many more.

In other developments, there are a couple of decisions taken by the committee to report on. We confirmed that the default driver reimbursement remains at 10c/km, and applies even if the vehicle is fully electric: although the refuelling costs are much lower, the wear and tear and depreciation are likely to be higher.

Also, we affirmed that a prospective member with relevant bushwalking experience can join the club without having to complete two walks as a visitor. We will soon be asking visitors to pay their \$5 visitors fee and sign the acknowledgement of risks and responsibilities before being registered for a walk, so that the walk leader no longer has to attend to this detail. Our website will be updated to reflect these changes.

Enjoy the autumn hiking season and stay safe in the bush!

Rolf Exner

The Waverley Bushwalking Club

warmly welcomes

Anne Martonyi and Catherine Gibson

May you experience many happy hours with the Club, both on and off the track.

Come and hear the speaker for April meeting

Rebecca Dutkowski is a lawyer and patent attorney who outside of work is a keen hiker runner and triathlete .

She will speak about her many adventures hiking the 3,500 km Appalachian trail in the USA in 2022 over 5 months and 2 days.

Cover photo: Footsteps in the Sand: Gill Paterson. Aireys Inlet Base Camp - see pages 11 - 12.

DAY WALKS

Bushrangers Bay to Cape Schanck
Wednesday February 26
Leader: Gillian Paterson
Report: John Bradshaw

Nineteen WBC members met on a warm morning at Capital Reserve for the drive to the Boneo Rd carpark. At the carpark we welcomed three visitors who, at the end of the day, were all keen to join the Club. There was also a pep talk by our Walklines editors for members to step up & do write ups – did they get more than they wished?

The walk commenced through the welcome shade of the coastal tea tree with views of parched farmland and Bass Strait. Morning tea was at the even more delightful Bushrangers Bay where a couple were throwing a frisbee before going for a swim. Main Creek was very low enabling easy crossing. After morning tea, the group enjoyed the shade as did the kangaroos, which last time were enjoying the July sunshine. Tree roots were a hazard with the writer doing a spectacular fall.

Near Cape Schanck we enjoyed the views of the sea across to The Nobbies with Cape Woolamai visible in the distance. Most had lunch in the shade whilst three descended the steps to the pebble beach adjacent to the Cape with the writer bathing his wounds with refreshing salt water.

We returned to the cars with brief respite from the heat at Burrabong Creek followed by the mandatory WBC visit to the Hawkes Farm for refreshing cold drinks although some needed a caffeine shot before driving home.

I did this same walk in July and still saw different things during this walk. Thank you to Gillian for an excellent walk as well as coming here at low tide in mild weather.

Ed: Mild weather?? Not when it was 34C by the time we finished!



Bushrangers Bay: photo by John Bradshaw



Morning tea in the shade Photo: Gill Paterson



Walklines

EMERALD LAKE TO COCKATOO

Thursday 13 March

Leaders: David & Wendy Lumb

Report and photo: Val Messer

12 walkers (including 2 visitors) enjoyed another of David's easy Thursday walks - from the beautiful Emerald Lake to Cockatoo. The 12km walk along well signed & maintained tracks made getting lost more difficult. We saw Nature at its best with the tall trees, fern, birds and bees, and most importantly in shade most of the day.

Lunch was at a park in Cockatoo before the return walk - again mainly flat with only several small hills to combat, and Puffing Billy to wave to 🇺🇲. Coffee was enjoyed under the trees at Emerald after visiting an interesting Bakery with its multiple choices for dinner if you so desired.

Many thanks to David & Wendy for a picturesque walk in perfect weather, no. 2 of 3 walks he has planned in that area.

WAVERLEY BUSHWALKING CLUB INC. Reg No A0013370Z
Notice of Annual General Meeting 2025



The Annual General Meeting 2025 will be held on Monday 12th May 2025, at 7.30 pm at Mt Waverley Community Centre, 47 Miller Crescent, Mount Waverley.

Agenda

1. Welcome, apologies, and acceptance of proxies.
2. Confirmation of the minutes of the AGM held on Monday 13th May 2024.
3. Presentation of reports and acceptance resolutions:
 - President's Report.
 - Treasurer's Report.
4. Election of Committee for 2025/2026.
5. Items of special business requiring resolution. **There are no items of special business.**
6. General questions to the Committee.

Authorised on behalf of the committee by David A Reid OAM, Secretary, 2 April 2025.

Note: A member unable to attend the AGM may use the attached form to nominate a proxy to vote at the AGM on their behalf.

Nomination for Waverley Bushwalking Club Committee

At the AGM, nominations are called for committee positions. Position descriptions available, Ontrax, Documents Tab, Committee & AGM category.

A member who is entitled to vote at the AGM may nominate or be nominated, with their consent, for one or more positions. Nominations must be supported by another member. A member may not hold the same Officer position for more than 5 years consecutively.

Written nominations must be delivered to the Secretary before the AGM. **Please consider nominating.**

Further nominations must be called for during the AGM, prior to the election for each position.

A candidate who fails to be elected to a nominated position may nominate or be nominated for any other position for which an election is yet to be held.

A member may be elected to only one position.

Waverley Bushwalking Club Inc. Reg. No. A0013370Z
Nomination for Election to Committee

Please nominate on this form. Using a separate form for each position.

Nominee: *[name] [signature] [date]*

Supporter or Nominator: *[name] [signature] [date]*

For the position of : (please circle the position)

The Officer positions:

President, Vice President, Secretary, Treasurer, Events Coordinator, Membership Secretary,

Ordinary Committee Member. Note: you can nominate up to three Ordinary Committee Members, using a separate form for each nomination.

Please send nominations by email to secretary@waverleybushwalking.org.au at least one day before the AGM, or by post to, Secretary, Waverley Bushwalking Club Inc. PO Box 685, Glen Waverley 3150 at least one week before the AGM or deliver by hand prior to the commencement of the meeting.

BASE CAMP POREPUNKAH February 24 - 28

Leaders: Leanne and Steve Biggins

Day 1

Reporter: Smita Sabhlok

Day 1 of the base camp started with a short, lovely stroll in the Myrtleford area on the Mosaic trail. The name Mosaic trail comes from the fact that the trail has over 100 hidden mosaics along its route. Leanne had announced that whoever spotted the highest number of mosaics will win the Punkah award for the day and all of us had to become serious mosaic hunters. Starting from Lewis Avenue, we stopped at Myrtleford's Phoenix Tree Sculpture and then walked along Myrtle Street to the Rotary Park. The Mosaic trail starts from the Rotary Park along the banks of the Ovens River for 2km out to Apex Park. We crossed a foot bridge over the river and walked on the trail along the river, where a few keen and competitive walkers tried to outdo each other in spotting mosaics. While most of the mosaics were scattered along the path in inconspicuous places, there was a big collection of mosaics in the Mosaic Bird Gallery. We continued along Apex Lane and Standish Street to Lewis Avenue to complete a full loop.

The Punkah award for the day was awarded to Adrienne.

This was the walk that was meant to 'get our muscles going' (as per Steve) in preparation for the upcoming few days. The walk not only achieved that purpose, it gave us juicy peaches to munch on, plucked fresh from the roadside trees, in addition to the interesting landmarks and mosaics we located along the way. It was a very nice warm-up walk and we thank Steve and Leanne for their thoughtful planning.

Day 2:

Report and photos: Pam Rowe

Although the forecast was for 32 degrees, it was a beautiful and brisk 14 degrees start to our day. Our first of 3 walks, led by Leanne, took us around the historic old racecourse area in Wandiligong. Under the cover of pine forests we circled past the watchful eye of an alpaca, back to the small race course grandstand, built with standing room only



Steve took the reins for stage 2 and kept us well informed as we walked through the large gold digging area once inhabited and worked by the many displaced Chinese fortune hunters. Having been forcefully removed from the perceived lucrative Ovens River sites, the Chinese used their geographical guile and superior water transporting skills to successfully dig for gold along the long forgotten dry water course of the Ovens River. The locals have honoured the Chinese who lived and worked this area by building an Oriental Swing bridge on the now popular tourist walk.

As the temperature climbed some of us lunched on the banks of the Ovens River with our hot feet dangling in the cool clear water. Bliss



Studying the information panels on the Oriental swing bridge

Our third and final walk for the day followed the river. As indicated by Steve we observed historical signs of manmade channels cut for disposing of the mining tailings, sluicing and panning. One optimistic man was still trying his luck panning for gold today.

A terrific and informative day thanks to Leanne and Steve.

Day 3

Reporter: Tricia Heidmann

This was a day that had it all. Perfect weather meant we had magnificent views from the Mount Buffalo lookout. We were able to view distant peaks - some conquered and some still on the bucket list. An easy downhill wander brought us to beautiful Lake Catani. The infamous "Leap of Faith" was the day's next highlight. Teamwork was required to get through the narrow rocky chasm. You had to rely on your partner to advise you where to place your foot next. My advice - choose your partner carefully!



We all made it safely and jubilantly through the chasm, as in photo. A relaxing lunch was enjoyed by the lake and then the up and down Gorge Track had us return to the gracious old lady of the mountain - The Mount Buffalo Chalet. Several members recalled memorable holidays long ago at the chalet. Fortunately the "old lady" is getting a facelift and repair - what a great place that would be for a base camp.

Thanks Leanne and co pilot Steve for a great day.



Twins at Mount Buffalo Lookout

Day 4 MOUNT BUFFALO CIRCUIT

Reporter: Steve Biggins (leader)

Time for the longest walk of the week. In warm weather, 13 walkers set off from near the summit of Mount Buffalo for a potentially 16km walk displaying all the best that the mountain has to offer. Leanne offered a shorter version, with a car shuffle, which 4 participants took up.

The walk starts with a view of the magnificent Cathedral Rock formation and a climb to the top of Mount Dunn with a ladder climb to 360 degree views of the surrounding area. Nine walkers continued under

my leadership to complete the full walk, including wonderful vegetation changes, the Og Magog rock formation, lunch at Eagle's Nest (more fantastic views!) and a lengthy climb back to the cars.

After a long day, one car headed to the Horn for great views and the rest adjourned to the Bright ice cream shop for a well earned reward. All in all, a warm, but very rewarding walk emphasising the best Mount Buffalo has to offer.

Day 5: TRONOH DREDGE HOLE LAKE, OVENS RIVER EAST BRANCH and 20 RIVER CROSSINGS

Reporter: Beth Alcorn

The Dredge Hole walk around its lake links up with other walks from which Steve's pilgrimage follows the East Ovens River Track. The Dredge Hole is the result of dredging undertaken in the 1900s and was a popular lake for swimming, kayaking and fishing. However, visitors have recently abandoned the lake due to signs alerting NO SWIMMING posted on trees declaring Blue-Green Algae Blooms from lack of through flow.

We began our river walk with excitement following Steve on our pilgrimage to our first river crossing with palpable perpetuation wondering just how perilous the river crossings would be!!? Following are brief expressions/one-liner quotes from our team (in-house "PUNKA" Style) describing their experiences wading through peaceful and persistent 20 River crossings...yaay!

"I have never heard so much conversation being over the exact amount of times we crossed the river, it was hilarious!"

Adrienne

"It's like returning to the joys of childhood (on the River walk)" Helen T

"On a picture perfect day, some people were puzzled and perplexed when the number of crossings got to two! This problematic task was promptly passed to another plodder who would prioritise the task at hand and perform with perfection." Pam

"How pleased I was with the plunging, plashing and parading in the rivers with such pleasure (though felt a bit sorry for our peripatetic leader who had to probe for the missing pathway)!! Smita

"20 river crossings = Waterplay delight" Heather

"School is out disobeying the teachers on Crossing 20 with NO SPLASHING but some people couldn't help themselves and had a water fight!!" Malcolm & Trisha

"Spish splash perfect perambulating plunges into perfect puddles on the Ovens River!! Robin

"Playfully paddling up the picturesque Ovens' gently pouring pools, perfectly pursued by person-on-point Steve" Russell



BASE CAMP WILSONS PROMONTORY March 2 - 6, 2025

Leaders : Lois Cain and Elizabeth Leung

Day 2: Monday March 3

Reporter and photo: Peter May

There were two walks today with 18 walkers. We started with a stroll from the Tidal River car park south through the Ti-tree past Norman Point and descended to Little Oberon Bay under cool and slightly overcast skies. We had the beach all to ourselves and several of us strolled along to the Southern end before having our morning tea. From there it was back up to Norman Point and the climb down to Norman Beach as the sun was coming out, then along the beach and inlet to the huts for a well-earned lunch in comfy chairs. As always, the beaches were wonderful and the views glorious.

In the afternoon it was time to go to the Lilly Pilly Gully carpark to undertake the steep ascent to Mount Bishop. We enjoyed the ferns and tall forest on the ascent and then we were rewarded with a wonderful panorama from Mount Oberon around to Norman and then Squeaky Beach in beautiful sunshine. From there it was a descent to Lilly Pilly circuit including the boardwalk, which was remarkably dry and from there back to the waiting cars with tired feet. Then onto happy hour.

Many thanks to Lois for leading these two delightful walks.



Day 3: Tuesday 4 March

Report: Correa Cabin

Tuesday dawned as yet another sunny day on the basecamp albeit a bit windy. First up we had a drive to the north of the park, and then a pleasant walk through banksia woodland and some impressive granite boulders to Vereker Look-out. With strong winds the decision was made to not go right to the top but we still had morning tea with some fine views over Corner Inlet. We then descended and proceeded to Millers Landing where a low tide enabled us to walk around the mangroves.

We drove to the Stockyards Campground at the Park Entrance for lunch before walking to The Big Drift, a vast sand dune. Fortunately no one got lost. A walk to Cotters Beach completed a memorable day's walking.

Thanks Lois & Elizabeth for putting on a terrific base camp.

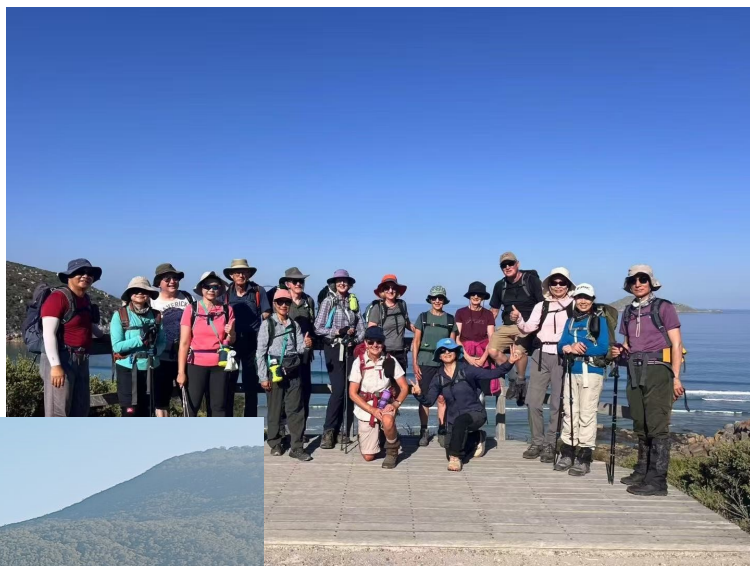
Day 4: Wednesday March 5

Report and photos: Roy Wang

Morning: 3 Bays Walk – Squeaky Beach, Picnic Bay & Whisky Bay

The morning begins with the crisp ocean air as we set out on the **3 Bays Walk**, a stunning coastal trek linking **Squeaky Beach, Picnic Bay, and Whisky Bay**. The soft white silica sand of Squeaky Beach lives up to its name, crunching under our boots as we make the way along the shore. The turquoise waves crash against the granite boulders, their rounded edges glowing in the morning light.

Leaving Squeaky Beach we follow the winding coastal trail through lush coastal heathland. The path offers glimpses of



the deep blue Bass Strait before descending towards **Picnic Bay**. The secluded cove is almost empty, aside from a few seabirds gliding above the gentle waves. We pause here to take in the serenity, enjoying the contrast of golden sand and rugged rock formations.

The final stretch leads to **Whisky Bay**, a breathtaking spot where massive orange-hued boulders sit at the water's edge. The waves roll in

steadily, and the morning sun casts long shadows across the beach. It's the perfect place to sit for a moment, listening to the rhythmic pulse of the ocean before making our way back to the trailhead.

Afternoon: Mt Oberon Summit

After lunch break, we gear up for the afternoon's adventure—**Mt Oberon**, one of Wilsons Prom's most iconic hikes. The ascent starts from Telegraph Saddle, with the well-formed track zigzagging through dense eucalyptus forest. The higher we climb, the more the landscape opens up, revealing stunning views of the coastline below.

Reaching the summit, we are rewarded with an **unbelievable panoramic view of Wilsons Promontory**. The **Tidal River** snakes through the lush green landscape, and the pristine beaches we walked earlier now look like tiny white crescents against the deep blue sea. The wind rushes past as we take in the 360-degree scenery, a perfect end to the day's adventures.

After soaking in the view, reminiscing about the incredible journey. The mix of coastal beauty and mountain vistas makes this **a truly unforgettable day at Wilsons Prom**.

Heartfelt thanks to our leaders, Lois Cain and Elizabeth Leung.

Day 5: Thursday March 6

Reporter and photos: Bee-Ha Soo

Our final day's walk at the Wilson Prom based camp kicked off with a cool and comfortable drizzle for our walk from Darby Saddle to the stunning Tongue Point. We enjoyed tall forest and coastal scenery on the way, most of us did a side track to Sparkes Lookout at 2.1km. The main track climbs to Lookout Rocks before descending steeply to Tongue Point where we enjoyed our morning tea break with the breathtaking background 😊.

We then continued our walk towards the Darby River carpark, a short gentle climb and decline through beautiful windswept coastal vegetation offering magnificent views of Vereker Range and Darby Swamp. Again, most of us did side track steps down to the cute pretty Fairy Cove.



On the way to Tongue Point



After lunch at the Darby car park, we rounded off our wonderful Wilson Prom based camp with a very relaxed stroll along the magnificent Darby Beach with the gorgeous backdrops of sand dunes where we had our fun group photos taken 📷.



Finally, our huge lovely thanks to both our base camp walk leaders, Lois and Elizabeth, for all the effort and energy they put into their very flexible and well organised daily tracks throughout our base camp, one of our best and fun ever 😊

BASE CAMP - AIREYS INLET MARCH 10 - 14

Leaders: Simon Johnson and Linda Stewart

Reports by Cabin 5 and Gillian Paterson Photos by Gillian Paterson and Elaine Fasken

Day 1:

The mercury was rising when we met at 3 pm for our introductory walk – an elite group of 8 (I think a first for WBC) We headed down to Sunnymead Beach for our first water views before returning to the park for happy hour drinks on a shady verandah.

Day 2:

An early start with Simon showing no signs of stress having to deal with 7 ladies. Was he pleased at the prospect of a week away with no other men in sight?

The cars were parked at Distillery Creek Picnic Area after a short dusty, bumpy drive. We then set off for the 6.5km trek to Painkalac Dam which provides Aireys Inlet water supply. The dam was built in 1979 & is approx. 11 km long and 3 km wide. Timber production historically formed the main activity within the catchment, peaking in 1961 and ceasing in 2008.

After leaving the Dam we headed uphill while enjoying views down to the Dam and the coast. We enjoyed a mix of walking and vehicle access tracks with dry tree cover, splendid grass trees and ferns. We passed the turnoff to Moggs Creek Picnic Area en route to Fairhaven Beach where we had lunch atop a sand dune.



We ambled along the water's edge where 2 volunteers ensured we didn't dally in the nesting plovers' habitat. The tide was out so we enjoyed the pretty rock formations and great views toward the cliffs and the 34 metre high Split Point Lighthouse which was constructed in 1891. The original kerosene light was automated to acetylene gas in 1919 when lighthouse keepers were no longer needed.

A steady climb up to the Lighthouse was rewarded with iced coffees at the Teahouse.



Energised after coffee we elected to go down the stairs to Step Beach and Eagle Rock Marine Sanctuary and were treated to the incredible ochre coloured rock formations.

The leaders made good on their promise for an up and down walk and cloud cover kept the temperature down. It was a day for missing sunglasses, 2 walkers checking their packs before another walker located them on someone else's head!

Thanks Simon & Linda for a great start to our base camp.

Step Beach with Split Point Lighthouse in the back-



Day 3 Moggs Creek Circuit

Today we decided to start at 7.30 am due to a hot forecast. We set off in two cars to the Moggs Creek picnic ground to start our 14 km walk. With only eight of us it's a lovely small group and we walked and chatted happily up a couple of kms of gradual but consistent incline. The scrubby bushland had been back burned so there was a lot of charcoal around. It was pretty hot and humid so any breeze was really welcome. We then descended down to sea level for a photo shoot at the Great Ocean Road archway. Heaps of tourists in buses had the same idea. After a couple of kms of beach walking (see cover photo) we had lunch in a shady spot on the beach track just off Moggs beach.

After lunch the exposed stony track made for a hot climb before descending through lovely bushland back to the cars. The lure of an ice cream at Aireys Inlet was a great motivator for all. Thanks Simon and Linda for another lovely walk in the Otways National Park.

**Day 4
Currawong Falls and Ironbark Gorge**

A slightly cooler morning so we set out just a little later for Distillery Creek Picnic Area, our base for the day, but by 8:20am we were walking on the Currawong Falls Track, a 10.2km circuit. This provided a fascinating range of habitats, high ridges with panoramic views of Aireys Inlet and the Split Point lighthouse as well as steep-sided gullies.



Although overall very dry, the variation in vegetation was really interesting with quite distinct areas dominated by Xanthorrea, one plant had at least five 'heads', Saw-Sedge with stems of black-brown flowers which would be great in dried flower arrangements and open dry forest where the variation in bark and its colouring provided extra interest points. The 'waterfall' is at the head of a gully with lots of tree ferns, but apparently it flows only after rain, definitely not when we were there.



This is a shared path with some appropriate warning signs about blind corners; a few bike riders did pass, fortunately not suddenly. After lunch back at the picnic area, the shorter 4km circuit to Ironbark Gorge passed through similar country, at first uphill in the heat, then downhill through shade passing over lots of little bridges until returning to the picnic area for the short car trip back to the caravan park.

That evening we walked as a group to the pub for an enjoyable dinner for our final gathering.



Galaxy Z Fold5

Thank you Simon and Linda for your carefully planned base camp which you were able to adapt well to the changing times of tides and weather conditions. It was a great success.

PACK CARRY - WILSONS PROMONTORY March 16 - 19
Leader: Malcolm Jennings Report: Tricia Heidmann

Day One: Driving to the Prom with windscreen wipers flapping I questioned my sanity. Why do I do this? Leave a comfortable dry home to sleep on the ground in stormy weather. I must be mad! Seven brave (mad?) hikers set off down Telegraph Track, all of us wearing our finest wet weather gear. We met several groups of bedraggled hikers returning to the carpark. They were soaking wet. Fortunately we had travelled in the worst weather and managed to get to Little Waterloo with just a few mild showers. What a relief it was to set up camp in dry weather.

Day Two: Luxury. We left our camp set up and just took day packs on the 7km hike up to Refuge Cove. Magnificent Prom scenery- towering gums, ferny gullies and stunning coastal views. Better still- no rain! Brave Jonathan even took a dip in the sea on our return to camp.



Day Three: This was the “big day”. A beach walk across Waterloo Bay and then up and up, zig and zag to the highest point of our hike. We then enjoyed the long gradual downhill to the lighthouse. A group of school kids learnt the hard way just how smart ravens are at breaking into backpacks! Camp was at Roaring Meg. We managed to secure tent spots at the high camp site. No leeches for us.



Day Four: Homeward bound. We made our way back to Tidal River via the scenic coastal route. Morning tea was at Oberon Bay after slogging the sandy not so magnificent few kilometres across from Telegraph Track. Several school groups were travelling the same route. Just hope they are not put off pack carrying forever with their 20kg packs. Lunch was enjoyed at Norman Point. Then it was the final push into Tidal River for much needed hot soapy showers.

Conclusion: We are not mad. It was a great pack carry enjoyed by all. Thanks Malcolm.

DAY WALK

WALK COLLINS STREET (OPEN HOUSE STYLE)

Wednesday 19 March

Leaders: Jenny and Brian Menzies

Report: Jenny Menzies

After an early train ride into the city, we arrived at Parliament House for our scheduled 9am tour. We were first ushered into the Upper House or Legislative Council following an airport-style security process. We were given a description about the Chamber while admiring the magnificent Roman Corinthian architecture, gold leaf adornments and the red carpet. We were then ushered into the Lower House or Legislative Assembly to witness the formal start of the day and the 'not so good behaviour' of some Parliamentarians occurring in the green carpeted Chamber.



Following the Parliament House tour, we commenced our walk down Collins Street going to Collins Place and up to the 35th floor of the Sofitel Hotel to admire the 'views from the loos' spanning from the MCG, Yarra River, Government House to Port Phillip Bay in the distance. In the Paris End of Collins Street we were made aware of historically and architecturally interesting buildings particularly 101 Collins Street with its 24 free standing columns and its relaxing urban forest that greet visitors and workers. A detour was made upstairs at Ruthfords to admire the largest commercial collection of silver in the Southern Hemisphere.



A short Lunch break was held outside the Town Hall after which we attended the HQ of the Metro Tunnel project which had been pre-arranged with a very informative and interesting description of this railway infrastructure development.

Back in Collins Street Brian informed us of the history of the Manchester Unity Building that was built in 1932, the first skyscraper in Melbourne and the first building in the city to have lifts and escalators. Floors three to twelve were built at an average of one a week and the project was delivered on time and within budget. Then to 333 Collins Street, part of which was formerly the banking chamber of the Commercial Bank of Australia with its plaster baroque dome, interesting wall lights and an unusual colour pallet from the days of gas lighting. The building includes a lane way that provides access to lifts which service the seamlessly attached and sumptuous office tower. We crossed Collins Street to visit the ANZ Banking Group headquarters with three old Gothic buildings (the former ES&A Bank, the original Stock Exchange Building and the Melbourne Safe Deposit Building) and a modern twentieth century office tower, all linked. The ground floor of the bank contains a banking museum; the Cathedral Room of the old Stock Exchange (which was the old stock exchange trading floor) is now an upmarket restaurant (Reine & La Rue) and the Safe Deposit building is now closed.

Further west on Collins Street are the old Rialto and Winfield Buildings which served the agricultural and pastoral sector. Both contained multi-story warehouses serviced by their own lane ways from Flinders Lane. The Winfield building contained the Melbourne wool exchange. These two buildings have been redeveloped into the Intercontinental Hotel with high rise extensions for hotel accommodation behind the original Collins Street facades. An old lane way between the two buildings has been redeveloped as a restaurant. Melbourne's first multi-story latrine (gazetted as a heritage building) stands behind the old Rialto section of the Intercontinental Hotel.

A welcome coffee break at Square One in the Rialto Building concluded the day's Walk.

DAY WALK

JUMPING CREEK CIRCUIT

Wednesday March 26

Leader: Gill Paterson

Photos: Gill Paterson

21 walkers enjoyed a mild, lightly overcast day to hike 11.5km of mainly riverside tracks of varying surface and the quite dry forest of Warrandyte State Park. The first of two circuits took us to Stane Brae, once a farm, and back to Jumping Creek for lunch. The second circuit was to Black Flat and return, just as a large fleet of rafts were being unloaded ready for a school group, Jumping Creek Reserve being a popular spot for canoe, kayak and raft launching. We didn't stay to watch, refreshing coffee and treats at nearby Warran Glen Café had more appeal. Thanks Gill for leading us through one of your more personal walking areas. EF.





Participants' Responsibilities

Before the Walk

- Check the grading of the activity and read the grading definition in *Walk Notes*, which is a guide only. If in doubt check with the leader before you decide to participate.
- Inform the leader, with as much notice as possible, if unavoidable circumstances prevent you from attending the event.
- Bring all the correct clothing, equipment, food, and water with you, see *Clothing and Equipment for Day Bushwalks*. Don't rely on others to lend you items or carry them for you. If in doubt about what to bring ask the leader at booking time or before departure. Some equipment may be hired from bushwalking shops or WBC.
- Complete the *Personal Health Details – Emergency Information form* or "Vial of Life" and place it in an outside pocket of your backpack.
- If you suffer any medical condition that may require special action, please ensure that you carry the appropriate instructions in a sealed envelope, or they are with a friend at the activity. If necessary, carry the required medication.
- Carry a personal First Aid Kit comprising:
A minimum of: Variety of bandaids including extra large, Alcohol swabs for wound cleaning, 1 conforming bandage 7.5cm, 1 heavy weight crepe bandage 7.5cm, 1 triangular bandage, Safety pins, Gauze swabs (ie. 3 swabs 7.5cm x 7.5cm pack), Moleskin or adhesive tape or similar for covering hotspots on the feet, Thermal accident blanket, Personal medication ie. own pain killer tablets, antihistamine tablets - these will fit in a plastic ziplock bag.
Plus: Alcohol hand wash, Sunscreen, Roll on RID (or similar) for insects and leeches, Small plastic bag for rubbish.
Optional extras: Betadine, Gastrolyte tablets and glucose for hot weather, Instant cold pack, Duct tape, Pointy tweezers for ticks and splinters, Scissors, Snake bite bandage.
- Carry with you the mobile phone number of the Event Leader so that if your car breaks down en route to or from the activity or you become separated from the group you can advise details as soon as possible. This may also help the Leader to render assistance.
- Ensure you leave details of the activity, the Event Leader's name and phone number and Emergency Contact numbers (see Walklines P2) with your family or friends and make them aware of the emergency procedures in *Walk Notes*.
- It is wise to insure yourself for ambulance and medical treatment – WBC does not cover you for these expenses.

During the Walk

- Arrive at the meeting place in time to depart on the activity at the time stated
- Obey all reasonable instructions given by the leader.
- Advise the leader if you feel unwell or cannot cope with the activity
- If you are at the front of the group and the leader is not with you stop at all track/road junctions, signs, or whenever there is doubt about the correct route and wait for instructions from the Leader.
- Irrespective of where you are in the group, ensure that you can see the person behind you [and vice versa]. If not slow down and wait.
- The Whip is there to assist slower group members and to ensure that nobody is left behind. If you need to leave the track, for any reason, please inform the leader or Whip and leave your pack on the track.
- Carry a whistle at all times and remember the code:

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| Three short blasts regularly spaced | Emergency signal from person/s in distress |
| One long blast | Acknowledge a distress signal |
| Four short blasts regularly spaced | Emergency, regroup with leader immediately. |
- Provide assistance and support to others on the activity. Club events are generally not competitive and success of the activity is dependent on members providing mutual support and encouragement.

Remember, you have a responsibility for your own safety.

By following these few simple procedures, you will contribute to the safety and enjoyment of the whole group.



Walk Notes

Grading of Walks

The gradings shown in the Club Events List are advisory only. If in doubt, please check with the walk Leader. The gradings below apply to day walks and base camps only. For pack carries and other types of events consult the Leader prior to booking.

- SHORT:** Level terrain, on formed tracks. Distance up to 5km.
EASY: Gently undulating terrain on formed tracks. Distance up to approx. 12km.
MEDIUM: Sustained climbs and descents. Some of the Walk may be off formed tracks. Distance approx. 15-18km.
HARD: Consistent walking with moderate to hard climbing in scrub and forest, on and off tracks. Distance depends on terrain.
EXPERIENCED: Walking in difficult terrain that may require special knowledge such as unscheduled camping, rock scrambling, survival techniques, first aid or navigation.

Some walks will indicate a grade of walk between these main types, e.g. Medium-Hard, this signifies that the walk will be more challenging than the first grade nominated but not as challenging as the second grade nominated.

Leaders have final say on participant acceptability, fitness etc. Members and temporary members may be asked to prove experience.

Group Sizes

At the discretion of the Leader and dependent on the logistics of the walk (difficulty of the terrain, car parking limitations etc). Typical maxima: Day – 24; Overnight – 12.

Temporary and Associate Member Fees

\$5 per person per event. The fee will be collected by the Leader before the Event.

Bookings

Day Walks are open for registration in the online booking system known as Ontrax up to two months prior to the event. A longer period applies to Base Camps and Pack Carries. Bookings for walks are typically made in Ontrax by members of the Club. Visitors would normally ask the WBC Membership Secretary to put their name on a walk. Alternatively, the Walk Leader can be contacted.

Cancellations

Cancellation from a walk is done via Ontrax and is normally done by the club member. You will be prompted to provide a reason for the cancellation. Visitors should contact the walk Leader who can then cancel them off the walk.

Please process cancellations as soon as practicable. There are usually people on the waiting list who can then be transferred on to the walk.

Transport

When registering for a walk in Ontrax you must nominate whether you will be a driver or a passenger to get to the walk's start.

The amount that passengers are to contribute to the driver's petrol and car running expenses is determined by a formula in Ontrax based on the distance to be travelled. This formula is modified from time to time according to fluctuating petrol prices. The walk Leader will let drivers know what the passenger cost for that particular walk will be.

A share of E-tag and/or car park/entry fee costs may need to be added. Leaders will ensure that passenger numbers are evenly allocated. Members attending a walk should not turn up at the meeting place and automatically assume that they will be passengers. They should arrive in time and be prepared to drive their car if so requested by the Event Leader. Their car should be 'fuelled' and ready in case of such a request. A Member, who for any particular reason cannot, or would not be prepared to act as a driver if requested, should have notified the Event leader of this in advance.

Meeting place

The meeting place for the walk is nominated in Ontrax and the Leader (or deputy) will be at the meeting place before the departure time given in Ontrax. You should aim to be at the meeting place ten minutes before the departure time to allow the Leader time to organise the car sharing arrangements. Leaders will not wait for you if you are not there by the departure time.

Club Emergency Contacts

All inquiries about late return of members must first be directed to the Leader's telephone number, then to the Club Emergency Contacts. Do not contact the police as they will not know of the club activity. The police will be advised if the Club Emergency Contact believes that the party is in danger. Premature contact with police could waste their time and may cause later difficulties for the club.

The Emergency Contacts details are in Ontrax under the WBC Club tab, on the Contacts page of the WBC website, and in our Walklines newsletter.



Clothing and Equipment for Day Bushwalks

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| Footwear: | Comfortable boots or walking shoes with good tread. |
| Socks: | Wool or wool blend. |
| Trousers: | Quick drying trousers or shorts. Avoid jeans. |
| Shirt: | Quick drying short/long sleeve shirt or top. |
| Day pack: | Comfortable and able to store all listed items inside. Line with large plastic bag or carry pack cover to keep contents dry. |
| Hat: | Broad brim sunhat or beanie for cold weather. |
| Gloves: | Synthetic or woollen gloves for cold weather. |
| Jacket/jumper: | Polar fleece or woollen jumper. |
| Rainproof jacket: | Good quality water and windproof jacket with hood. |
| Water bottle: | One litre minimum in winter. Two litres in summer. |
| Lunch/snacks: | Allow extra for emergency food. |
| Sun protection: | Sunscreen and sunglasses. |
| First aid kit: | As per <i>Participants' Responsibilities</i> . |
| Toilet kit: | Trowel, toilet paper & hand sanitiser. |
| Whistle: | See <i>Participants' Responsibilities</i> for signal code. |
| Phone: | Mobile phone. |
| Optional extras: | Gaiters give protection from grass seeds, leeches, etc. Walking poles may assist over rough/slippery terrain. Waterproof over pants. Thermal underwear. Insect repellent. Umbrella. Mat/plastic sheet for rest stops. Small torch in case of delay. |